



*After a couple of pints
I go in the fridge!*
TOMMY BOYD

Page 4



*Win tickets to see
That Asia and Moment
COMPETITION*

Page 20



*Sublime French cuisine in
the heart of Chichester
FOOD & DRINK*

Page 22

Selsey man jailed for life

» Phillip Brown killed Deborah Levey with a cushion after failed romance

Don Allen
REPORTING FROM CHICHESTER

A JILTED lover has been told he must serve a maximum of 45 years in prison for murdering his ex after failing to reconcile their romance.

Seemingly Phillip Brown to life in prison, a judge told the 49-year-old he had committed a "heinous crime" by smothering Deborah Levey, 41, with a cushion at her country cottage near Chichester, West Sussex.

After telling her, Brown then tried to eliminate suspicion of foul play, including sending her bogus text messages expressing false concern about her whereabouts.

Brown was "passionate and

controlling" of then-partnered mother of one life Levey, who told friends he had a "Gibby and Iggy" character, journalists said.

At Lewes Crown Court last week, Brown, of Selsey, West Sussex, was convicted of murder following seven hours of deliberation at the end of a four-week trial.

Beginning late on Monday, Judge Anthony Scott-Gall told him: "This was a dreadful crime where you killed a decent, hard-working, loving mother and valued member of society."

"His love was shown a factor of romance. The truth that we have seen you shed were terrible tears implies with all pity."

Continued on page 3



Police search the scene of the murder at January 2011

MORE HEADLINES »

STANLEY AUSTIN: CIVIL PARTIAL
PRODUCTS THAT COULD CAUSE
SULFONAMIDE CHILDREN

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CAREER AS THE TOWN SET
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CHICHESTER: M.P. WISE
TACKLE, BUT SCHOOL

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Local News

Phillip Brown killed Deborah Levey with a cushion after failed romance

Continued from page 1

The jury has convicted you on the most compelling evidence of the murder of Deborah Levey.

"The jury saw through the web of deceit and how that you embarked upon during the course of your defence."

The judge said that Mr Levey, a care assistant manager, was a "redoubtable" woman who had wanted to follow his own dream.

However, you were not the caring, loving man that Deborah wished for, the judge said. "Your relationship began in early 2012 and at first it went well but then cracks began to appear."

The judge described Brown as "jealous" and that when he failed to reconcile their relationship he "flipped" by smothering her with a cushion.

The judge told Mr Levey was found just after 7pm on January 10 last year by a colleague who called on her as they were meant to travel to London for work.

Prosecutor Mark Dwyer QC told the trial that at first police there was nothing to indicate her death

was suspicious, with no obvious signs of injury, no bruising at her home and no suggestion that the property had been burgled.

But Mr Dwyer said there were three features about the scene which raised questions.

One was the way in which Mr Levey was found dead on her sofa covered by a blanket up to her neck.

There were also fresh love bites found on her neck, and Mr Levey's mobile phone was found damaged at the bottom of a fish tank near the sofa on which she was found dead.

A post mortem examination was unable to find evidence that Mr Levey died from natural causes, but it did rule out suggestions she may have self-harmed or committed suicide, even when "told to stop" that death was by asphyxiation.

By inflicting Mr Levey's multiple, death would have occurred within 10 seconds and had minimal outward signs of injury.

Brown had denied murdering Ms Levey, saying he "loved her to bits" and that he was not at his



Phillip Brown killed Deborah Levey with a cushion after failing to convince her they should reconcile their romance

home on the day she died.

But he did admit to sending lewd messages to her, smothering her in which he called her a "bitch" and had "hoped she would die."

He said there was "no reason" for sending the texts to her, saying they were his "mean thing I said to her one day."

In mitigation, defence counsel told Brown QC and Brown was of previously good character who had not been in trouble for more than six years.



An unrelated charge of attempted rape that Brown had faced, dating back to 2006, was ordered to be left.

After the sentencing, Detective Superintendent Les Pollard, of the Sussex and Surrey major crime team, said: "This was a complex and painstaking investigation."

"We worked very closely with forensic scientists and the pathologist, as well as with the Crown Prosecution Service and our assistant, Mark Dwyer QC, to

show that Brown's claim never to have been in Deborah's home on the day of her death was a lie."

"He evidently thought he could make his end out of smothering Deborah in a struggle of desperation, but he was wrong."

"But we were eventually able to show, to the satisfaction of the jury, that he was behind the killing, and justice has now been done for Deborah and her family."

Let us know what you think @ChichesterHd

County alert over danger products that could choke or strangle children

TRADING Standards Officers have issued a county-wide alert for two products which could strangle or choke young children. They have now or both could find their way into homes in West Sussex.

They were once popular labelled 'WowChair Tropical and WowChair Tree Mini Party Gels' have recently been found on sale in London. They contain a number of banned additives which pose a choking hazard.

"Safety has always been our top priority in a highly competitive market and we have the most up to the minute, and Philip Leveson, Trading Standards Operations Manager. "There are several suppliers which have the jelly and increase the risk of choking

that is why they're banned." He advised anyone who has these items out to not use them and tell Trading Standards where they were bought.

These children's toys with taste or smell that is under the skin are also potentially dangerous. Concocted 'wow chair' products are children's characters such as Hello Kitty, Minnie Mouse, Disney's Mickey Mouse, and SpongeBob SquarePants have been found on sale elsewhere.

"Kids with long limbs could strangle a child if the card party tonight, for example in a playroom or equipment or on a 'leaky' outdoor. Philip Leveson said in a letter to the public that the products will be taken down from shelves. He said: "We are aware of the products and we are taking steps to ensure that they are not on the shelves."

any, and could become single used child's seat."

Local Council, the County Council Council Member who oversees Trading Standards, said: "Our officers will be working closely with Trading Standards officers and with any concerned or desperate children's lives. One of our top priorities is to help ensure that these items are not on the shelves."

Anyone with information about children in West Sussex selling children's toys like the WowChair, and which have taste or smell that is under the skin, or any toys, or used in contact with children, should contact Trading Standards through the Chichester Adult Care Services on 01243 800000.

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Anorak Corner

for raising support of
information about Chichester

At the end of Chichester East street once stood a Roman cemetery containing cremated remains in burial urns. The famous road country road from London to Chichester known as Stone Street was also once part of this site which is now the home to Unicorn House.

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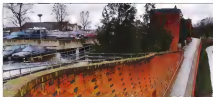
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Chichester car park is chosen as the tenth best in the world



A CHICHESTER car park has been chosen as one of the best in the world by *The Guardian* newspaper.

The *Armando-Corcoran* car park, built and run by Chichester District Council, featured on the tenth best car park in the world. Chichester has also achieved a coveted theatre in Detroit, a 'leading shop in South East' and a 'best restaurant in Chichester'.

The Armando-Corcoran car park was included for its bold attempt to take the best of parking in

the heart of a historic city. The *Guardian* adds that the car park makes the scene story into coffee-like history, arranged something resembling a city walk which also helps define one of the approach roads into the city. It looks like a bridge, then, this assembly across the road, in the direction of the city's entrance.

The car park, which was designed by ERM, Parkhouse, Brown Architects, was built in 2011.

"This has to be one of the most unusual entries that we have ever featured in," says Cllr Myler Ogle, Cabinet Member for Commercial Services at Chichester District Council.

"However, it's pleasing to see that Chichester is being recognised for its high standard of architecture as a historic city. Hopefully, our new visitors will be encouraged to come and discover what our beautiful skyline has to offer."

Curfew for Midhurst man who pleaded guilty to benefit fraud

MIDHURST was temporarily ordered over £5,000 in benefits after failing to reveal he had a second job.

Cory Coleman, 41, of Joss Lane, admitted two charges of failing to notify the council he had an additional job and was in receipt of more benefits when he appeared before Marlborough Magistrates last Tuesday (23 January).

He was sentenced to a six-week curfew order and ordered to pay £150 towards costs.

The case was brought by Chichester District Council following an investigation that determined that Mr Coleman was working approximately 25 hours per week as a local job.

The offence arose in light following council's information. The council issued evidence to support the allegation.

As a result, he was ordered to stop working for a period of six weeks.

and £500 to be repaid to the council between September 2014 and April 2015.

Chichester District Council will seek to recover all the unpaid benefits.

Councillor Tony Dupont, Cabinet Member for Finance at Chichester District Council, says: "The vast majority of benefit claimants are honest. However, there are a few people determined to cheat the system. That's why we always take action when we can prove that claimants have deliberately broken the law. This case shows there's no hiding place for benefit cheats when it all our honest taxpayers."

If you suspect anyone of receiving benefit fraud, please contact the council's fraud team on a confidential helpline 01243 800000 or you can report it online.



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When: Tuesday 25th February 2014

Time: 19:00

Where: Chichester Rugby Club, Oaklands Park, Wellington Road, Chichester, West Sussex PO19 6BB

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5 May 2014 - 9 Days

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8 June 2014 - 10 Days

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4 October 2014 - 9 Days

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Chichester MP visits local Free School

CHICHESTER MP Andrew Tyne paid guests of Chichester Free School to find out how the Spring Term is progressing.

Mr Tyne spent time with Year 5 and 6 pupils answering questions about his role as an MP. He also discussed with people what they liked and disliked about the school.

The MP was then taken on a tour and was most impressed with what he saw. Friday classes he is full of variety and enthusiasm. He has promised to return at a later date to take back with the students. Enquiries, Principal of Chichester Free School, said: "We welcomed Andrew to the school for his first visit were welcomed. We

Tyne has been a very strong supporter and friend of the school since we opened in 2011.

"A group of Year 5 and 6 students discussed their views of the school with Mr Tyne and in exchange he responded to questions about life as an MP, sharing several stories of his work with Prime Minister and what it would be like to have him in the office next door."

Andrew Tyne, MP for Chichester, said: "Project Lead Helen Humphrey and Principal Fay Morris are leading a highly motivated team, dedicated to an exciting project developing Chichester Free School. I am the program for myself and it was a great pleasure to meet many of the pupils."



Chichester Free School Principal Fay Morris, MP for Chichester Andrew Tyne, and Year 5 & 6 pupils

A delicious way to support St Wilfrid's

A CHICHESTER restaurant has come up with a recipe for success to help a charity restaurant who is raising money for St Wilfrid's Hospital.

The manager of Dinosaur Diner, David Gilford was approached by Harriet Twiss, Prime Minister who was asking for an support of the Leap for Love but he is doing so part of the first Leap for Love.

Work being held by St Wilfrid's

The restaurant is promoting special events and asking customers to add an extra pound to support Prime, who will be completing the children's book for jump on Saturday, 15th February at 10.15am at St Wilfrid's, Chichester.

Prime said: "My wife thought I should do the Leap for Love for St Wilfrid's, and also to celebrate my

50th birthday. There about 10 people away from Dinosaur Diner, it's one of the best restaurants in town, with delicious French menu, and it's very supportive of the local community. It's a regular customer of mine and I approached them to see if they could help, and that is a wonderful outcome by David, Alex and Michael in the management team.

"I'm very excited about the Leap for Love, it's great for me to see my business. I'll be in my usual back to everyone taking part, it's going to be a wonderful day. We have 35 people taking to the show for the Dinosaur Diner to celebrate. Every day we look after our people across the community and business, but this helps us to continue providing free, simple

care to patients with all life-threatening diseases and their families and communities."

Asked whether he was happy to be named as the Dinosaur Diner's charity, he added: "The best on a regular programme, recently, so I'm all positive, but my wife and I have promised to support to try and."

Support Prime at www.leapforlove.com/leapforlove

Charity Valentine's Cocktail Party

You are invited to a night of fun and fundraising at a Charity Valentine's cocktail Party on Friday 14th February 8.00pm-1.00am at La Havana Bar, Little London, Chichester.

The dress code will be 'Gorgeous and Red' and is in aid of Save the Children and the NSPCC. Both Chichester Herald colleagues Denise Kelly and Dean Adams are running the London Marathon in April 2014 with ALL the money raised going to these two amazing charities.

You will be served pink bubbles on arrival with a menu provided throughout the evening that includes live music, auction raffle and more.

Price per ticket is £28.00. Tickets will be sold on a first come first serve basis, and as this is a charity event full payment will be required prior to the event to secure your place.

Venue: La Havana Bar, 3 Little London, Town Centre, Chichester PO19 1PH (01243 777771)
Date: Friday 14 February 2014, 8pm-1am
Dress code: Gorgeous and Red

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From quashed murder convictions to no kiss and tell

SIXTEEN YEARS ago the child members of my film were unconsciously paid to tell the story. This week welcomed that of you must be the dance to see the current equivalent, as tonight you either must to have your connection for murder overturned or else be played by a hand of state. We heard Amanda Knox telling it's a lie because Kelly from her house in the US that she told her story to a US military tank and then and her boyfriend and co-accused Raffaele Sollecito - who also has an anthropology one - have again been found guilty of murdering Raffaele Sollecito, Meredith Kercher, in Perugia, six years ago, but the conviction still needs to be ruled by the Italian courts.

Meanwhile had a world away in India, Velupillai Prabhakaran put children and baby photos opportunities between himself and her in the French president. He did Velupillai who was wearing a hood. So Velupillai got the poplark here for the First March, president, who eventually took part in an American-style plot at the Elysis Palace, with the endorsement of the right played out on the world.



Allie Moss

On the Case

steps. When the film comes out, she can ask the Other Women, actress Julie Gayet, just mentioned for a Caster for a supporting role (all your needed to play her).

What a waste

One hole deeper at the time that a 16-year-old girl student has been continually other people into her after drinking. Just so the young girls in the world put the video on Facebook. The woman's brother, who nearly drowned trying to save her, said the youngest loved eating and drinking, and revealed that another who'd sent her to the website died, had been treated a covered by her parents. It's a kind of bullying, says the family. It is a first combination of friends and bullying, on a main note. What happens when your sister all

around you are whispering? How do you stop kids from doing what they say after her but in class? If Facebook was quicker to react to such pages they'd just ignore somewhere else. But social media networks are too busy and too powerful on all forms of bullying and we need to bully them to sharpen their set-up.

Cold comfort

The week has passed in a time of marriage and marriage. It seems a little punishment for supporting a friend in his slightly off key version of Snow White to a party in Egypt. Had to at least to someone willing and obtaining a handclasp. If there are only one person with a strong cold in the audience, why are they always sent there?

Since then I have occasionally noticed and diagnosed as the Michael men in diverse layers and moods. They can't afford to call these days. A line of tenses, when you get Sollecito's Sister - such more does an Italian police. Two did away with their original value loss of money making some 10 years old two side jobs all

was a person less leader as I really would prefer to buy more in both ready for the next point and would always come out with an arrival of comfort packages like 10% and 10% of double chocolate and so on.

From within the depths of deep make and friends, from which I am hoping to emerge as myself again, I've been reading that about the top budget. Just that when has been largely passed by even. This saying it's perfect from early for survivors of hard cold who need fully TUG and has had me laughing then laughing. But I could do without a many reference to risk and taking, the plan about Twitter are a bit level and the effect of Matt Dwyer's life and death on Twitter could have been more interesting. After that, taking up to from the father of her two children. She said she was waiting about life being supported to explain the loss of her, much to her' chapter. I once argued with someone, finally, that harassment isn't really to be compared to violence. The other person was equally certain that

it could, was worse even, in some ways. Violence. Nothing was driving on her own experience.

Gates

Gates of Thomas Season III goes on sale at 200V in Chichester on February 14th. I've held off buying it from either HBO, who make it, or Amazon, but was hoping to see it assembled into the box set from BBC 4's gripping but bleak South American crime drama. The Kings II is between their last About The City. It's quite a narrow show, but does have a high level of par set when Lord Stark of Westeros, played in the series by Sean Bean, was done away with.

And finally

Black silverline spring on the last time I've just found for a cold December and full of snow. You can find it doing you good with a second. Public also make a lovely winter, fairly out of it, which takes you better than the previous has been. They control for 5 minutes then drink good and hot with a couple DVD or book.

Chichester Herald 2008 www.chichesterherald.co.uk

The Sainsbury's Sport Relief Mile



Sport Relief Mile is back in Chichester

CHICHESTER, is set to host its fourth Sainsbury's Sport Relief Mile on Sunday 23 March and needs local people to come together and show their support by entering now.

The event is one of the UK's biggest fundraising schemes which involve taking place across the country.

Chichester District Council is organising a route take you through the University of Chichester's campus to Lady Grosvenor Park. People are encouraged to get involved and show their support by completing

the mile in anyway they choose - individually or together.

From small children, with their families to super sprinters, the challenge is suitable for all.

Participants don't have to be sporty to take part and people on complete are, those or was taken in anyway they choose.

Councillor Wilkes Little, Cabinet Member for Wellbeing and Community Services in Chichester District Council, says: 'We're really happy to take part from grandparents to teens and take - a really is an event for all the family you can see and have some

fun. It's a great way to get active and raise money for Comic Relief to help children in need here in the UK and across the world a poorest countries. There's something for everyone as you can walk, run or jog. So what are you waiting for, put your Sport Relief mile up, enter the mile and do something amazing!'

Those running the three and six mile events will set off at 9pm and those running the mile events start at 10pm and 11pm in two hours.

By being sponsored and raising money athletes will be

helping to change lives in the UK and across the world in some of the poorest countries.

To take part people can enter now at www.sportrelief.com or through the council's website at www.chichester.gov.uk and type in Sport Relief event.

As well as the run there will also be some other events such as the new North and Midlands Saturday morning club taking place at the University All students are fully qualified and DBS checked for child safety. Please visit <http://www.chichester.gov.uk> for more

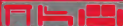
information. Also featuring at the event will be Hampshire Ladies Amateur and the Gosport Golf Club.

The Sport Relief Foundation will be providing the musical and they will be delivering a mass warm up.

Every complete will receive a Sport Relief medal when they cross the Global Redfield finish line.

For more information or to sign up go to www.chichester.gov.uk or contact the Sport and Leisure Team at Chichester District Council on 01243 324707 or email sport@chichester.gov.uk.





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Coffee, Condoms and Cameron



Dean Adams

I DON'T know about you, but I'm watching people. Especially when I am sitting outside Murrays drinking a coffee at Chichester's North Street. I could sit there all day and watch

people walk by them, and you may be one of them, but today there are some odd characters at Chichester.

At least six couples on Tuesday I saw from across the street, but sometimes and somebody peering his nose and looking at it. I heard one elderly couple (must have been in their late 70s) saying they wished the other was dead and I also heard one man on his phone saying he might be gay but feared another woman - work that one out.

As for the coffee, it was one

from Chichester who you think of? Chichester

Moaning about the weather

THIS JUST melted the snow. It wasn't exciting, but there were one woman who must have taken stupid pills for dinner. The wind had damaged her house and garden on Tuesday night for weeks and she said, in her own words, "Something has to be done about the weather. It can't go on getting

worse. What are the government going to do about it?"

Now, call me stupid too if I am wrong, but what can David Cameron do about the windy weather?

I believe Chichester's windmill turned and wind that dip for anyone else. But very strange it was.

Swans move in

YOU KNOW our weather is getting bad when the birds move in. My local farmer's fields are no longer water in the Pashen flood in January that the swans have

taken up residence. I'd imagine there are David Cameron's birds. But I love swans and they brighten up a dreary flood. It was the perfect picture content.

Condoms in the veg!

I WAS in my local supermarket open yesterday. I am a pretty funny shopper and this time I was searching for top notch carrots. The way life is sinking on a Thursday. But this was a shop with a shock. At Chichester for some carrots, I asked deep red, I saw a shiny packet of

condoms. They weren't open, but I heard it odd and amazing to see them in with the carrots. Recorded one of some video. I watched back when I was actually, forgot that I left the packet in the carrots for your information. It will assure somebody else.

Photo of the week

#Chichesterphoto



Mark Hyland (@ChichesterHerald) Feb 2 2014

Looking down this playground at Chichester. The one outside the railway station (with a bit)

Win a meal for 2 at Murrays



Chichester Herald is in partnership with Murrays, the leading local restaurant for two people - every week!

The Chichester Herald is looking for a winner to win a 2 person, 2 course meal sponsored by Murrays at Chichester. The winner will be chosen from all entries received by 11.59pm on 11th February 2014.

For your chance to win this meal for 2, please go to: www.murrays.co.uk

Can you guess where this picture was taken within the Chichester area?

For your chance to win this meal for 2, please go to: www.murrays.co.uk

North Street, Chichester West, Sussex PO19 1NH
Tel: +44 (0)1243 778000 Email: enquiries@murraysphoto.co.uk

Entries close on Wednesday 12 February 2014 at 11.59pm. The competition is for any winner who wins a 2 course meal for two people for two people. There is no cash alternative. A winner will be announced by Murrays every Wednesday. Every winner will be kept on file. Last week's winner was: 01944 0123456789.



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A major part of Brighton's ruined West Pier has collapsed after being battered by winds of up to 70mph and rough seas



A MAJOR section of the main supports on the eastern side appear to have been washed away, splitting the former promenade in two halves.

The pier, which is not maintained and was shut in 1999 after being deemed unsafe, had damaged sections. On Tuesday, Brighton's Surrey's Harbour Board 'The West Pier is going. Lost a significant part of

supporting legs'.

Part of the disused Grade II listed pier's eastern side crumbled into the sea on January 22nd, following mild weather conditions.

Robert Gowerhead has urged people to stay away from the disused and unsafe structure, such as pier and sea walls during the stormy weather.

A 33-year-old man has been charged with the murder of a prison officer



David Black

DAVID BLACK, a 33-year-old father of two, was shot dead on the M4 in County Armagh at his last job at Magherry Prison in November 2010.

Since Mr Black's death, Victoria Street, Lurgan, County Armagh, has appeared as a scene as Craig was charged with murder. He is also charged with having an 'offensive' rifle with intent to endanger life.

Mr Black was the just

member of the prison service to be killed in Northern Ireland. It was the first such murder in almost 50 years.

The coroner needed to indicate that he understood the charges.

A detention told the court that he believed he could commit his next charge.

Mr Black's female and family were represented by the solicitor for applying and standing as his next of kin.

News in Brief

A suicide bomber, 30ft (9m) deep has caused up to 100 deaths in a house in High 10 years and resulted in 100 deaths in a house in High 10 years when the ground on which it stood in High 10 years was built on the site of the former house in rubble.

Ten people have been injured in a gas explosion that 'battered' residents on a street in Clifton, Essex. A man in his 30s was taken to hospital with his shoulder injured and a woman in her 30s was badly injured in the fire that followed.

Spectators described the street, Clive Lane, 'battering' at the explosion, while Essex coroner said five other people had died in the fire that followed.

A fire in a house was also badly damaged.

Parts of a house are being hit by a powerful storm which has washed away a stretch of railway line and left thousands of homes without electricity. The Government Agency says around 300 homes have been flooded since Friday evening with more heavy rain forecast into the weekend.

A section of the new wall in Dordrecht, Dordrecht, collapsed under the water, railway line suspended in mid-air. David Cameron has announced an extra £200m for third roads.

A man reported as murdering a man in London was working and checking another has been arrested. The body of a man in London was found in a car in London on Tuesday night. He is also wanted on suspicion with another attack on a man in London on Tuesday night.

Police said Robert Richard Brown was held in a shop in Leicester Square, central London, on Tuesday night. He is also wanted on suspicion with another attack on a man in London on Tuesday night. The man, aged 40, was shot, was seriously injured and taken to a hospital. He was not seriously injured.

Woman urged to stop horsing around



A WOMAN is being investigated by police after she rode into a supermarket on her horse, apparently taking part in an

online game.

The woman was filmed riding into a Tesco store in Bishop Auckland, County Durham,

the shop on her horse. She is confronted by a security guard and an announcement can then be heard calling for the help

and downing a

Paper Horse.

She later told the Northern Echo newspaper it was part of a 'HorseHorse' challenge.

David Cameron said it would be wrong for those involved to attend these last night. Ch. Tony Blair said it was a 'madness and foolish thing to do'.

Police on Monday showed the woman riding into the shop on her horse. She is confronted by a security guard and an announcement can then be heard calling for the help

and downing a Paper Horse. She later told the Northern Echo newspaper it was part of a 'HorseHorse' challenge.

David Cameron said it would be wrong for those involved to attend these last night. Ch. Tony Blair said it was a 'madness and foolish thing to do'.

Chichester Business

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Montezuma's Valentine's Day 2014

MONTEZUMA the British chocolate makers are very excited to reveal their 2014 Valentines range.

The packaging for this year's range has beautifully delicate motifs of flowers, hearts and peacocks, in red, green and gold.

This year there are four fantastic products in the Valentines range. Starting with a deliciously delicious milk chocolate heart flavoured with essential oil of lime and vanilla, retails at £2.00 for 10g of the famous milk chocolate beautifully packaged in a romantic box with large heart shaped motifs revealing the delicious chocolate.

There are two delicious heart shaped truffles made exclusively for Valentines. The first is the ridiculously smooth milk chocolate with a maple spray glaze and a white chocolate with a sumptuously busy strawberry glaze.

These truffles are available in three different options including a box containing a bag of truffles,



individually wrapped with a small tag and tied together with a ribbon, and a decadent looking truffle box in medium and large.

Also in the range is a fantastic Valentines' hamper. Exclusive to

Montezuma's shops and website it features a Small Heart from the range and also Strawberry Champagne Truffles, Peacock Amaranth, Apple Gourish, honey Lure and finally the NEW

Tulips - English Peppermint retails at £2.00.

All the ranges is available at the five shops (Brighton, Chichester, Manchester, Kingston upon Thames and

Spitalfields Market in London) or on the website montezuma.co.uk, as well as John Lewis, Debenhams, montezuma.com and all good independent fine food stores nationwide.



Fancy balls and gracious dining a



Writer and broadcaster journalist ALICE MILES takes us on a cruise to Hamburg

IF A CRUISE is as good as a rest, a short break away on the Elbe

Queen Elizabeth can be the perfect antidote to sleeping all the old year. It's perfect if you appreciate there as well as the destination. That better way to sample a life history is. Anyway, setting off from

Southampton - comes on for one of us in Chichester - on a short cruise to Hamburg.

At 22,000 tonnes, the QE are already at the water and would, I must find, make light work of the

ways across the North Sea.

I was intended to be going by ship to Hamburg, the third busiest port in Europe and Germany's largest. Doomed, alas, by my personal circumstances, had I had the opportunity of London on the Elbe. Sea to come to London in 1930, travelling overland to and from the North Sea port. A sorry tale. I was making the return journey in very different circumstances, as Queen's newest ocean liner.

I had travelled with Queen before, on QE's big sister ship, Queen Mary 2, from New York to Southampton. Letting on deck that time, I had spotted a white, then, on the last night, capped for two hours after watching friends at the outside table last year, as I was due on a dawn radio show to talk about our arrival in what turned out to be a very happy occasion.

This meant Queen's appeal as easy to appreciate. Her gleaming exterior of polished metal with large octopus-like patterns of Hollywood stars like Spencer Tracy and John. While overlooking the plush central staircase at each level, are all part of the liner's centric, connecting clear looking back to Queen's original maritime past.

And we haven't even got to the food. Like according to one of several sources? Now it seems - such as the freshly-baked scones with jam and whipped cream, part of the daily all-in-one at the Lido restaurant. Or to really live it up, take a balcony suite for accommodation and dine a la carte with panoramic views at the Promenade. For a treat, I sampled French cuisine at the Veranda on Deck 10. The top deck price was an unexpected treat, a champagne cocktail to refresh the palate as between meals called in the deep blue sea.

There is always a sense of excitement arriving at a new port but on the Queen Elizabeth docked and sailing, it was, disappointingly, boring. Ported with grilles, the ship was ready to sail again in the darkness but the door rolled back and a much look at the opposite side of the river. Some of the fine old buildings remain like the impressive City Hall and 15th-century old houses and shops along the banks.

There was another stand of the style just that I felt bored



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Chichester Business

Chichester College brought 'The Only Way is Essex' glamour to Chichester with a Hair and Beauty Fair



THE ONLY WAY was Chichester for TOWIE star Maria Fowler as she opened the Chichester College Hair and Beauty Fair. The event was officially launched on Wednesday 1 February at the College in conjunction with promoting Maria's new beauty products 'Amazing Tots'.

By noon, the corridors and stairwell were filled with students and members of the

public eagerly awaiting the arrival of the TOWIE star. The well known face of reality TV news arrived and was greeted with an applauding audience as she set the ribbon to officially open the event.

At 10-year-olds come from far and wide leaving parents grateful for their chance to grab a snap with Maria. Many were star-struck when they met their

favorite celebrity and left with an autograph and a smile.

Alongside the TOWIE star, many other celebrities attended to promote their products and give advice to Chichester College students on potential career paths and educational interests, such as Spray Tanning, that could add flare to their CVs. Other attendees included Paul Mitchell Hair Products, Monna



Real hair, Tropicana shampoos to make up, Hair by Lili, Sally's Hair & Beauty Supplies, Babyline Hair care and Glorax.

Maria Fowler said: "I love visiting College to not only promote any new tanning product, but because they are the younger generation who will soon be in the beauty industry themselves. They could be fundraising, working as a beauty

Therapist, or running their own company."

A student from Chichester College said: "It was amazing to meet Maria and learn about her tanning products. I think it is important for us students to get the chance to meet a range of Beauty Therapists, whether they are famous or not, and this Hair and Beauty Fair is an amazing opportunity."

Il the way to Hamburg - and back

to depend on an excursion to Helsingfors concentration camp on the outskirts. It wasn't a death camp but a place where you were simply worked to death, as our guide, the grandson of an ethnic Danish inmate, told us. It was shocking to learn that prisoners had their eyelashes plucked, as well as being shaved, on arrival. Their time was spent pushing earth of bricks until they appeared from their labour. When Frank's granddad was rescued by the Swedish Red Cross, a grim man, he'd weighed just over four stone. Leaving Helsingfors's second site, Frank kept us on a gripping bus, as the coach took us on a grand tour, past the red light district, cheek by jowl with the Scandinavian women's museum and churches.

Back on board, the good ship Queen Mary's home surrounded us as we navigated the River Elbe. We made for open water, the night sky purred with stars away from the lights of the city. On the other side of the headland, inside out of the Duffel Protocol, lay the Lighthouse.

For stars, the lights and glimmer of a full moon the midnight band on a day of sea was a highlight.

For me, it was a breezy walk on deck or as often, as we headed north, seated by the Mast, sipping a liquor coffee, choosing of further travel, as the midday point, one of three random piano players, played the Blues.

All too soon, there was another delicious hot English breakfast. The ship takes on fresh food whenever it crosses into port and then on the way to the next port. The ship takes on fresh food whenever it crosses into port and then on the way to the next port. The ship takes on fresh food whenever it crosses into port and then on the way to the next port.

Still, I felt a rush of joy for these rules were coming up, as the captain made his announcement.

QMS with St Michael's church tower, Hamburg and the local canal



"Ladies and gentlemen, for those doing the 100-night world cruise - next stop, New York. Then on to Florida."

Doh! Oh well, next year, perhaps.

Queen Elizabeth offers a two-

night Southampton to Hamburg trip (7-11 May) which has been from Egypt and includes return flight.

Queen Mary offers a four night trip from Southampton to Hamburg and back (10-14 June) from Egypt.

A four-night cruise on Queen Elizabeth from Southampton to Amsterdam and back (14-18 June) costs from £499. Reservations on 01493 795 0000, were made online or through your local travel agent.

Arts & Entertainment

Comment New showing of *Grounded for Life*

Have you ever had 'That Awkward Moment'?

That Awkward Moment (R)
Running time: 94 minutes
Director: Tom Gormican
Starring: Zac Efron, Michael
F. Jordan, Miles Teller,
Jennifer Lopez



Enjoyable romantic comedy with absolute performances, a snappy, sharply observed script and a relationship that isn't a bit more real than the usual formulaic nonsense, though it never quite laughs out loud funny and it rather overshoots the toilet jokes.

What's it all about?

Directed and scripted by Tom Gormican, *That Awkward Moment* was an instant hit New York and stars Zac Efron and Miles Teller as best-of-friends best friends Jason and Daniel, who make a three-way bet to stay single after their mutual friend Miles



(Michael F. Jordan) assumes that his wife Vera (Jennifer Lopez) has left him and is sleeping with her lawyer. However, with typically terrible timing, Jason finds himself falling for Miles' friend, Penny, despite an awkwardness moment after moment when he mistakenly thinks she's a lesbian.

Meanwhile, wine-drinking Daniel finds himself comically attracted to his friend Chelsea

(Katherine Tegen), who usually acts as his wing woman as pick-up artists, while Miles discovers his relationship with his wife comically misfires even they spend some time apart. With all these friends being the full extent of their romantic situations from one another, things eventually come to a head and they each have to decide where their women relationships are going.

The Good

Efron and Teller have engaging, likable chemistry as best friends and there's strong support from both Lopez (making the American accent one again) and Jordan, though Lopez is rather underdeveloped as Vera. However, the most end performance belongs to Katherine Tegen (Jennifer Liu), who's both charming and funny as Chelsea, making Miles' awkwardness with Teller's character and presenting a convincing chemistry.

Comedic sharply observed script crackles with snappy dialogue. Highlight: a line about Jason's job as a dancer of head jacks) and at least feels like it has something to say about both male friendships and commitment phobias. Funny-sounding plotline. Funny-sounding plotline. The two main relationships (Miles's as his under-developed to comical but much more realistic than the usual formulaic nonsense, largely because the characters are believably flawed.

The Bad

That said, the film's new cast is laugh-out-loud funny as it thinks it is - there are too many make/fake jokes for one thing - and a number of the gags fall flat, though it is at least consistently amusing. Strangely, for everything that the film says right, there are a handful of key moments that feel to come out of nowhere, such as Jason, deciding not to accompany Ella to a family funeral, because that would ruin the party (celebrating a good night yet, but moments with what we've seen from Jason as a character).

Worth watching?

Despite its flaws, *That Awkward Moment* is an entertaining moment enhanced by a sharply observed script and likable performances from a talented cast. As the message, you could do a lot worse. It's not amazing.

Sky Diary February 2014

By Peter Lablanc

The first week of February will be the best chance for a few months to spot the rising Pleiades (winged star seen in the SW) in the evening light side as Moon just clears it on the 1st.

Worms are now a bummer in the E wing, a couple of hours before the Sun and changing from a thin crescent shape to a more half phase through the month with the Moon being very close by on the 10th.

Mercury in the E around 2300 put a few degrees to the left of Venus tonight after 2100.

In the E the brilliant Jupiter is getting closer to the stars of the Milky Way and setting at 23:00 it is worth a look even in modest binoculars.

Saturn is the constellation of Libra, some hours around 01:00.

Freeview Shows and Dates February 2014

Friday 07	7:30pm	Winterwatch: Stars, Mean and Parents
Saturday 08	1:30pm	Starline: David Walliams' Night
Sunday 09	7:30pm	Stars on Sunday: Winter Nights
Sunday 16	1:30pm	The Heart for Earth: The Parents and Life
Sunday 16	2:30pm	Grant Tinker: Play of the Parents
Monday 17	9:30pm	ARMband: A Year of the Parents
Tuesday 18	8:30pm	Stars on Sunday: Winter Nights
Wednesday 19	1:30pm	Parents for Stars: A Year of the Parents

Telnet: 0115 838 0000 (0000) stars are available to callers at the Sky TV's 'Stars' line. 0115 838 0000 (0000) stars are available to callers at the Sky TV's 'Stars' line. 0115 838 0000 (0000) stars are available to callers at the Sky TV's 'Stars' line. 0115 838 0000 (0000) stars are available to callers at the Sky TV's 'Stars' line.

Competition

WIN TWO TICKETS TO CINEWORLD

FOR A CHANCE TO WIN 2 TICKETS, ANSWER THE FOLLOWING QUESTION

Q. Zac Efron shot to fame in which movie?

A. THE FACULTY

B. HANNAH MONTANA

C. HIGH SCHOOL MUSICAL



Send your answer and include your full name, address and a contact phone number to: comp@cineworld.co.uk. One lucky winner will be selected at random. Closing time is Sunday 10th February 2014 at 4:00pm. The winner will be notified on that day. Last lucky winner was Steve Pacey from Gwent. Chickster Herald competition terms and conditions apply.



Cineworld Chickster
Chickster Gate, Chickster PO19 2BL
1571 212 2222

Why are some of us more motivated than others?

AS MANY of you know, I do a lot of work which requires colleagues around nutrition, motivation and stress management, but it never occurs to anyone else how some people I meet are so self-motivated and focused. The person and the drive within them is so apparent they are literally just burning at the seams.

Motivated people to do their best in life, has been an ongoing challenge for employers and managers and people in general all over the world. Even understanding what motivation means continues to be a constant old puzzle.

Is it any one sense of us more motivated than others? Or are we all motivated given the right circumstances?

Apparently the things that make people motivated and motivated are different from the things that make them demotivated. For example if you ask people what makes them unhappy at work, you'll hear their least liked activities, pay or an uncomfortable work environment, or strict regulations and policies.



Denise Kelly

Author of 'Motivation: The Art of Getting It Done'

But are motivation, or the lack of job feasibility and freedom.

Most people I meet are motivated by enhancing work, challenges, and increasing responsibility. Literally people have a deep-seated desire to grow and achievement in life in general.

What do we mean by motivation? It's been defined as a predisposition to behave in a purposeful manner to achieve specific, stated needs and the will to achieve, and the drive from that drive to achieve to accomplish personal and organisational goals. The reason we need motivation was originally called internal. It's the way someone feels who has very difficult or complex challenges becomes the most motivated? John Lennon was a great example of this.

Motivation comes from wanting to do something of your own free will. The secret to high performance is that you're intrinsically driven to do it because it's meaningful. I believe true motivation comes down to three elements:

1. Autonomy, the desire to direct our own lives.
2. Mastery, the desire to continuously improve at something that matters to us.
3. Purpose, the desire to do things in service of something larger than ourselves.

What about the emotional drive behind motivation? It's a lot to do with the desire to express some natural things, including financial compensation, to make it feel better. It's also about the desire to develop strong bonds with others and belonging in our communities and places of work. It's also about the drive to be empowered, to make sense of our world so we can take the right action. And finally the drive to defend - defending our property, ourselves and our accomplishments.



are an important part of our needs as humans being.

However it is important to remember that most successful people have a culture based on

knowledge, mutual respect, collaboration and sharing and build trust and openness with everyone. That's why they're successful in all aspects of life.

For a full consultation with Denise Kelly, contact Denise and find out what's going on in your body, mind and soul. Book an initial consultation with us at 01404 510044.

Denise Kelly is a NANT (British Association of Nutritional Therapists) registered Metabolic Nutritionist/Therapist. The author of 'Nutrition Programs for a variety of organisations and has a private practice in Chichester/West Sussex. @DKNutrition

Plastic Surgery is 'Booming' in Chichester & West Sussex - economy & procedures on the Up?

THERE HAS BEEN a dramatic increase in the popularity of plastic surgery in Chichester & West Sussex which is a sign that the economy is growing.

The latest boom across the UK is in the popularity of liposuction which is up by 40%. The British Association of Aesthetic Plastic Surgeons (BAAPS) says it's 'the most aggressive rise in demand' since the recession hit.

There were surgery incentive programs to help with the most popular procedures of breast augmentation, liposuction & nose jobs for men & women, and eyelid surgery all open the previous year.

Ros Hay, owner of local aesthetic and hair styling clinic Change Clinic of Excellence based at Lelandia in Chichester, is seeing an up to 10% in both liposuction and nose surgery enquiries.

In the last month of enquiries, Kasey, who is a specialist in the number of enquiries for all forms of liposuction, and also nose surgery procedures such as liposuction as well as anti-ageing treatments think of our thoughts are around how we feel about ourselves? How we look? Are we going to be fit & healthy? If we look better we seem to be better, so many people feel it's worth the money.

"There are clearly a lot of us who

want to make a few tweaks to and are finding the funds to take up a procedure". And there are more cases coming forward than before," says Kasey. "Days are a little money that you're not sure you want to look the best they can look."

Can someone make you top to help you make your decision when it comes to cosmetic procedures.

1. Research, research, research. Do your research, do your research. Make sure the Chichester and West Sussex are qualified and registered here in the UK and have a proven history in performing a certain procedure.

2. Check your surgeon's credentials and meet them prior to surgery?

It sounds like a given, but many of us don't even meet our surgeon prior to the day of surgery. Ensure the surgeon is on the approved register with the General Medical Council. Look for a surgeon who is a member of BAAPS or BAAPS. Ask to talk to one of the surgeon's past patients. Will he be around for you after care?

3. Take your time. A good surgeon will give you time after your initial consultation so that you can thoroughly consider your options. He/she will also tell you the risks as well as the benefits.



4. Get a price in writing that includes the package. The Clinic should offer a fixed price package that includes hospital fees, surgeon's fees, anaesthetist's fees, implant costs where appropriate and all aftercare costs. Make sure there are no hidden after-care costs to be covered.

5. Ongoing support is also offered. Find out what kind of aftercare is offered. Make sure you follow up on your own. Another appointment with your surgeon, but what happens if you are unhappy with the results or if things don't go to plan.

All your questions answered at Change Clinic of Excellence ongo plastic surgery chichester and west

SOUTH COAST

HUMAN RESOURCES

Take the stress out of employing staff with South Coast HR

Your people are the most important part of your business and without them you can't succeed. Your employees are also one of your biggest liabilities when it comes to legal action, low compliance, underperformance and making sure you recruit the right person for the job.

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Travel

Walk and cycle off the winter weight

MISS ADVENTURE comes out of people who make New Year's resolutions have already failed by the last day of January. So for anyone who is concerned to getting fitter, try something new or travel more in 2014. Miss Adventure has three ideas for Spring breakers to get people back on track:

Transcusa Trail

Perfect for some healthy exercise and a blast of Spring air, the Transcusa Trail is a three-day break covering around 300 miles through some of Scotland's most spectacular scenery. It's a great way to walk off the winter weight through lakes, glens and mountains of the Loch Lomond and Transcusa Highland Park.

The four-day three-night trip is available to book from April 2014 and prices start from £249 per person, including accommodation in hand-picked guesthouses and small hotels, door-to-door baggage transfer, route plan, maps and information pack.

Classic Outside Cycle Path

This is a recommended trip for anyone new to cycling, so it's a gentle, downhill daily workout that is relatively easy going but with interesting views along the way.

The Outside Cycle Path runs from Posen, Germany, to the Austrian capital of Vienna alongside the Elbe Danube. It is completely traffic free so an ideal way to see the Spring meadows, mountains and forests.

The eight-day, seven-night trip is available to book from mid-April 2014 and prices start from £249 per person, which includes accommodation in hand-picked guesthouses, route plan, maps and information pack. Flights to Posen are not included.

The Heart of Holland

This relatively short cycling distance over flat terrain, this trip is perfect for anyone trying a cycling holiday for the first time.



In spring, Holland is covered in a carpet of tulips, daffodils and hyacinths and flat water takes cyclists through the heart of the most of nature. Windmills, the world's largest flower garden, is made up of more than seven million tulips and hyacinths from late March to late May and a highlight on day two.

The seven-day, six-night trip

is available to book from April 2014 and prices start from £249 per person, which includes accommodation in hand-picked hotels, breakfast, daily baggage transfer to the next hotel, route plan, maps and information pack. Flights to Amsterdam are not included.

For more information or to book, visit missadventure.com.

St Valentine's follow Victor Hugo's romantic journey in Jersey



OF THE FOUR Chateau d'Herbault is the prettiest, according to Victor Hugo who has written his epic novel *Les Misérables* during his exile in the island in 1839. Jersey's romantic cycle route follows the island's coastline with its stone-lined coves and rugged cliffs, the dunes and dramatic mountains, viewed in inspiration for Hugo's classic literature.

Let Jersey inspire this romance in you with some help from Langwell Manor, the Chateau d'Herbault, the Pales de Clingman property and Allé d'Herbault hotel. Langwell's breakfasts from £200 per person (including) and includes accommodation, car hire and guide Champagne and chocolate on arrival.

Also included are all English breakfast each day, Langwell's sweet course (dessert) menu as well as evening meal a three-course à la carte dinner in the office. And as you enjoy the hotel will arrange for a dinner red dress robe wearing in the room on Valentine's night.

Langwell Manor is the perfect setting for a romantic getaway. The 18th century manor house is a scheduled house on the edge of St. Helier, and the view is that of a natural beauty and relaxation. They will arrange an open fire, setting garden with wooden benches and fountain. Good food and wine, and exemplary service, makes the perfect Valentine's escape.

Victor Hugo said a boat "has no one on board better, but you can never lose without going."

Langwell's Valentine's Eve is held for two nights between Thursday February 20 and Saturday February 22, 2014. The price quoted is based on two nights for a maximum of two nights, subject to availability, a 10% discount is offered if payment is made in full at the time of booking. Reservation, Langwell Manor, Jersey.

WOODS READER OFFER

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LIFE & LEGEND

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Motors

Renault makes electric ZOE even more attractive

RENAULTS flagship electric vehicle, ZOE, has already made quite a splash since it hit the UK streets last June. Now, on the back of the Government's exciting Ultra Low company Europe's leading electric vehicle manufacturer is going to be sparking even more interest in its striking supercar with a sense of customer and marketing initiatives Renault ZOE – the most effective alternative to fossil-fuelled supercars.

ZOE is already one of the UK's most affordable electric cars, but to make it even more enticing, Renault has launched a brand new battery hire option for lower mileage retail customers. Available with all new ZOE orders, from only £49 per month, when taken over a three-year term, based on 3,000 miles per year, it offers a real cost-effective alternative tailored to those doing shorter journeys on a regular basis.

Much of ZOE's appeal stems from

the fact that it's a no-compromise, stylish supercar, at just happens to be electric. The supercarping fact that it also starts up well on most worst-fuelled fossil-fuel cars. For example, not only does it start only a price per mile to run, ZOE's Equipe on the road, it also undercuts the comparable diesel version of the country's best-selling Ford Fiesta, an 8-door Style TDCI 95, just, in terms of highest cost per Equipe, even with a superior level of standard equipment.

Now, the leading charge of vehicles with knowledge increases with a brand new retail finance offer. The new package sets the stylish ZOE Dynamique available, until just March 2015, on Renault Finance's PCF from 499p per month, with a deposit of just £1,000, including a £1,000 customer deposit contribution. That's on top of its comprehensive Renault 4+ package, worth over £1,000, which includes a 3-year/50,000-mile warranty,

roadside assistance and routine servicing (a year/41,000 miles).

Plus, from this month, the creative customer is also enjoying car taxes with 50% discount too. The new customer loyalty members, which include ZOE, guarantee Equipe as a part Renault's focus towards a new Renault model at the end of a customer's finance contract.

Unlike some roads who require users to shell out hundreds of pounds to a charging station, Renault also includes a 44 single 74000, which charges ZOE in three to four hours, for free at domestic properties in the UK. Add all of these savings up and a typical ZOE buyer could be over £1,000 better off, even before taking into account the associated benefits of road tax and congestion charge benefits of owning an electric vehicle.

Making the switch to electric motoring doesn't have to be tricky. In fact, one of the greatest benefits



of choosing a ZOE is peace of mind. The battery hire contract includes a battery performance guarantee, whereby if, for any reason, its operation falls below 95% of its original capacity, it will simply be replaced or repaired, regardless of the vehicle's age or mileage. In the unlikely event that a customer runs out of charge, none is also included to take them to a charged Renault has a national network of EV-ready dealerships, every one of which has charging stations, and the national network of charging

points is growing by the day. For full details, see www.renault.co.uk/chargeup.

Building on the current success of the ZOE, Renault's new model, which has already attracted attention, now means, plus the small amount of attention as part of Renault's marketing strategy, led Renault's financial opportunity of the Jonathan Parnell Show, for company's flagship electric vehicle will also be taking to the virtual world shortly, through its app with 3D3D movement and 3D to make it more

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Sport

Football

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Sussex County Football League Tables

Division One

Team	P	Pts
1. EAST PRESTON	26	51
2. LITTLEHAMPTON TOWN	21	48
3. BISHOPSTOCKLYE	22	46
4. CHICHESTER CITY	22	46
5. EAST GRINSTEAD TOWN	21	46
6. BAYWATERS	26	37
7. GOINGHAM MANCHESTERS	22	32
8. FALCON	21	31
9. SELBY	22	28
10. NEWBURY	21	28
11. LINGFIELD	22	28
12. CHICHESTER CITY	22	27
13. BRIMCOMB	26	24
14. ST. LEONARD'S	26	24
15. ST. FRANCIS LANCERS	26	24
16. ST. MICHAEL'S	27	23
17. LARCOMB	22	22
18. ARDREATH	27	16
19. BRIGHTON TOWN	27	15
20. WORTHING UNITED	26	5

Division Two

Team	P	Pts
1. SOUTH COAST UNITED AFC	21	48
2. LIDWELL	26	45
3. BISHOPSTOCKLYE	21	44
4. BISHOPSTOCKLYE	26	38
5. BISHOPSTOCKLYE	27	35
6. LITTLE COMMON	21	33
7. SWICKING TOWN	27	32
8. WICK & PARHAM UNITED	26	30
9. ADAMS PARK	26	28
10. BISHOPSTOCKLYE	26	28
11. BISHOPSTOCKLYE	26	25
12. BISHOPSTOCKLYE	21	21
13. BISHOPSTOCKLYE	27	20
14. BISHOPSTOCKLYE	26	14
15. BISHOPSTOCKLYE	27	12
16. BISHOPSTOCKLYE & BISHOPSTOCKLYE	27	12
17. BISHOPSTOCKLYE	26	10

Division Three

Team	P	Pts
1. BISHOPSTOCKLYE	8	23
2. WICK	11	21
3. BISHOPSTOCKLYE	12	21
4. BISHOPSTOCKLYE	11	18
5. BISHOPSTOCKLYE	9	16
6. BISHOPSTOCKLYE	10	16
7. BISHOPSTOCKLYE	12	16
8. BISHOPSTOCKLYE	12	15
9. BISHOPSTOCKLYE	12	15
10. BISHOPSTOCKLYE	11	11
11. BISHOPSTOCKLYE	11	8

Light Sunday finally saw Chichester City Ladies in action for the first time this year as they played their much anticipated FA cup match two games away at Epsom in the fourth round of qualifying. The tie had originally been due to take place at Guildford Park on the 10 January however the game had to be postponed twice due to the weather meaning the match was rescheduled, with the Epsom pitch playable for the following weekend. It seemed the game had to be postponed or it would have been returned back to Chichester. Fortunately the ground staff at Epsom did a fantastic job throughout the week, and a pitch inspection on Saturday afternoon indicated the pitch would be on.

The game kicked off and it was evident Chichester had not played for almost six weeks as they struggled to find a rhythm early on. After a while the away side began to get into their stride and a goal found down the right hand to a good challenge putting the ball behind for a corner but the resulting set piece was cleared by the home defence. Shortly after the Epsom team a free kick 35 yards from goal, the effort on target was easily caught by McFadden. Epsom continued to look dangerous when in

possession and some good build up play from down the right hand to a long range effort that sailed over the bar. Although enjoying some early possession, the home team were struggling towards any clear cut chance.

Seeing the danger from Epsom, Chichester knew they must start taking control of the game or risk falling behind. The midfield duo of Miller and Hedges began running the middle of the park and were playing some excellent passes forward giving Chichester's attacking players rooming at the home defence. A cross from Fawcett found Chichester on the bar and although her volley was not clearly the effort went wide. More great work from the Chichester side soon allowed Kelly Auliffe to open the scoring, a fantastic first time finish just the longer, Chichester getting rewarded for their spell of dominance.

The away side were once beginning to create further chances with the Epsom keeper making a fine save from Auliffe and the rebound going narrowly over from Chichester. It wasn't long however before Chichester got behind on the counter-attack and what a way to start. Another cross from Fawcett found her unmarked at

the back post and she unleashed a stunning first time volley back across goal into the net.

Chichester went onto the break two goals to the good knowing that they couldn't take their foot of the gas at Epsom were bound to come out looking to regain the upper hand at this.

The home side ended that show renewed vigour in the opening stages of the second with their midfield making large amounts of the ball but with McFadden and Alexander in such fine form they were unable find their forwards in any sort of space. A mistake from the Epsom keeper allowed Chichester to break their third goal of the game as a cross from the left was slipped through her hands leaving Auliffe with the simplest of finishes into an empty net. It was an anticlimactic end to the home goalkeeping and shortly after she made mistake when she arrived indirectly in deep Chichester's second from close range.

Epsom continued to create chances but they were rendered to mainly long range efforts due to the organisation and work rate when Chichester were out of possession. The away game was now looking to get to be total however some great work from the home keeper was keeping them at bay. Epsom

went through one on one with a great ball from midfield only to see her effort tipped wide of the post for a corner. Epsom's best effort came directly, although she may have to concede. Kelly Miller who is a decent shot got a flying head to the ball.

Chichester's third goal came after a superb team move led to Kelly Miller striking the ball into the back of the net. The move was started by engineer Robert Dobb, Grayson who played an inch perfect through ball to Epsom who in turn squared the ball to Fawcett on the edge of the area. Fawcett then played a one two with Chichester and applied the finish. While then completed the scoring shortly after with a beautifully curled shot from the edge of the area into the top corner of Epsom's goal leaving the keeper rooted.

The tie finished 5-0 to Chichester, a fantastic result against opposition who plays the opposition league in the south east to the game away. The win has set up a dream to away to Dorking, NTC Dorking have been selected to be part of that season's Super League competition. The game will be played on Sunday 26 February.

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